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Eye Physicians & Surgeons

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(Surgical Booking)

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Pediatric Strabismus Surgery Post Op Instructions

- Your child may be nauseated and you should have Children's Gravol available.
- Reintroduce food slowly on the day of surgery. Start with clear fluids.
- The eye will look very red and it will feel sore. We suggest the regular use of children's Advil and Tylenol for the first 48 hours to control the pain. After this, use the pain medications on an as needed basis. Use the drops as prescribed. You may receive ointment from the hospital which can be used in addition to the drops, especially before bed. Ointment will sooth the eye, but will also blur the vision somewhat.

Normal After Surgery	NOT Normal After Surgery
Double vision	Greenish or foul smelling discharge
Red eye	An eye that doesn't move at all
Pink tears or whitish mucous	Severe pain
Reluctance to open the eye	Inability to open the eye/swollen shut eye
Swelling of the eyelids or small appearing eye	Extreme firmness around the eyelid
Low grade fever	Red, tender, or swollen lids
Difficulty getting the drops in	Reduced or no vision (some blurriness is expected)
Discomfort/scratchy eye	
Slight changes in eyeglass prescription	
Slight blurriness	

****If you have any concerns, you can call the office during office hours at (403)245-3171.**

Please do...

Resume eyeglasses

Watch TV, read, use eye etc..

Resume pre-op patching in 3-4 days unless advised otherwise by orthoptist or surgeon

Please avoid...

Water in the eye for 1 week. Shower/bath is okay if careful

Swimming for 2 weeks or strenuous activity for 1 week